

# Contraceptive Technology Update

## Satellite Conference

Wednesday, February 9, 2005

2:00-4:00 p.m. (Central Time)

3:00-5:00 p.m. (Eastern Time) • 1:00-3:00 p.m. (Mountain Time) • 12:00-2:00 p.m. (Pacific Time)

Being informed about the pros and cons of various contraceptives is important not only for preventing unintended pregnancies but also for reducing the risk of illness or death from sexually transmitted diseases (STDs), including AIDS. A recent report by the National Academy of Sciences' Institute of Medicine attributed the high rate of unintended pregnancies in the United States to Americans' lack of knowledge about contraception. About 6 of every 10 pregnancies in the United States are unplanned, according to the report. Some studies indicate that almost 10% of women at risk for an unintended pregnancy do not use contraception while those that do are still at risk because of inconsistent or incorrect usage.

Generally, the contraceptive choices that Americans have today are very safe and effective but a method that is very good for one woman may be lousy for another. The choice of birth control depends on factors such as a person's health, frequency of sexual activity, number of partners, and desire to have children in the future. Effectiveness rates, based on statistical estimates, are another key consideration.

As health care professionals it is important that we assist clients in making contraceptive choices that will fit their life style while still being effective.

### Faculty:

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### Objectives:

1. Explain the need for advances in contraception.
2. Identify the recent advances in contraception.
3. Explain the risks and benefits of each new form of contraception and how to manage patients.

### Conference Details:

Target Audience: Nurses and Social Workers

CEUs: Nurses and Social Workers (pending)

Registration: [www.adph.org/alphn](http://www.adph.org/alphn) Cost: No cost to view

Satellite Coordinates: C & Ku Band

Conference Materials: Posted on website approximately one week before the program

Questions: [alphn@adph.state.al.us](mailto:alphn@adph.state.al.us) or 334-206-5618

### Issues or questions you want addressed during the conference?

Email ([alphn@adph.state.al.us](mailto:alphn@adph.state.al.us)) or fax (334-206-5640) the conference faculty and they will respond during the program.